



The Armor Your Agency™ Training Program

The "Armor Your Agency™: How to Create a Healthy and Supportive Law Enforcement Agency" program offered by The Law Enforcement Survival Institute and CopsAlive.com is designed to build a comprehensive law enforcement agency wellness system.

This training program is a powerful seminar that will help you begin building the foundations for health and wellness support systems within your law enforcement agency. You will find the tools you need to recognize the symptoms of the toxic effects of a career in law enforcement, and be able to create a system for the support of the personnel within your entire organization.

Our "Armor Your Agency™" Program includes all the critical strategies that you will need to build a system of support and encouragement for a healthy and productive agency.

Critical Strategies Discussed in the Armor Your Agency™ Program

1. Mentoring Programs
2. Peer Support
3. Chaplain's Program
4. Family Support Network
5. Psychological Services
6. Resilience Training & Education
7. Critical Incident Support System
8. Line of Duty Death Prevention Programs
9. Survivor Support
10. Medical and Wellness Services & Education

In this program you will learn about:

The Importance of Peer, Family, Survivor and Chaplain's Support
The Blending of Psychological and Medical Services
The Development of Emotional Combat Survival Techniques
The Necessity of Mentoring Programs
9 Critical Protective Factors
7 Core Concepts for Stress Reduction
The Concept of True Blue Valor™ (The courage to help an officer in crisis)

You will learn to conduct an "Agency Threat Assessment" and then to benchmark your organizations programs using different models for wellness. You can begin to build your own strategic wellness plan and use the CopsAlive.com Agency Wellness Planning Checklist to steer your organization toward a positive culture of health, wellness and success. We have included training modules so you can create a system of "Fire Spotters and Smoke Jumpers" to recognize trouble and then establish a "Agency Support System" to provide the needed resources.

There is even a "Suggested Library List" so you can further enhance your agency's tactical wellness and survival skills library as a resource for your employees.

About the primary presenter John Marx, CPP, CHM

John Marx holds certifications in both service and security management. He is the author of the book "Armor Your Self™: How to Survive A Career In Law Enforcement", was a Police Officer for twenty-three years and served as a SWAT Team Hostage Negotiator for nineteen of those years. He worked as a patrol officer, media liaison officer, crime prevention officer and burglary detective. In 2008 he founded The Law Enforcement Survival Institute (LESI) and started a project that has evolved into CopsAlive.com. Put simply, the mission of both LESI and CopsAlive.com is to save the lives of those who save lives! The Law Enforcement Survival Institute gathers information, strategies and tools to help law enforcement professionals plan for happy, healthy and successful careers, relationships and lives and distributes that information through it's training programs and www.CopsAlive.com.

Our Program Package is \$3,500 per day, per instructor, not including travel expenses nor printed materials. We offer other arrangements with multiple instructors and other Law Enforcement Survival Institute faculty members for half-day or multi-day programs. We are also available for keynote speeches if a seminar is not what you need. Please contact us for more information on these other options.

The "Armor Your Agency™" program includes a free reproducible handout we send you in advance to reproduce for your group, but your program can also include copies of the book and a spiral bound user manual called the "Armor Your Self™ Toolkit" to support the training seminar.

The Armor Your Self™ Book is a 450 page softcover with hundreds of tips, tactics and techniques for improving your health and wellbeing. List price \$24.95

The Armor Your Self™ Toolkit is a 64 page spiral bound workbook that gives the you a follow-up, and expanded, set of worksheets to complete at home. List price \$24.95

The "Armor Your Agency™ Field Guide is being created for future publication.

For more information about this program visit: www.ArmorYourAgency.com. For other inquiry's or for information on quantity discounts on our materials call The Law Enforcement Survival Institute at 303-940-0411 or email us at: info@CopsAlive.com.

The Law Enforcement Survival Institute (LESI) works with individuals and organizations to help them create and sustain success in their lives and careers as law enforcement professionals. We are a source for training, resources and information about how to create and sustain a happy, healthy and successful life and career while providing superior law enforcement service to your community.

In short we are: "Saving the Lives of Those Who Save Lives"